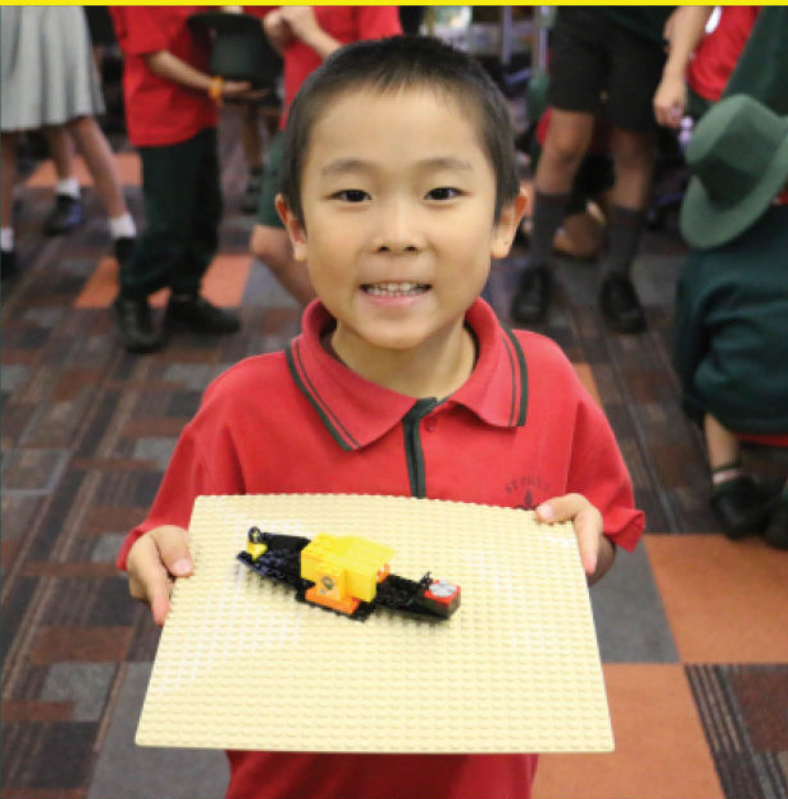




# St Paul's School

## Extra Curricular Handbook



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*Please note: Information in this handbook is subject to change.*

## Welcome

Welcome to the SPS sporting program!

At SPS, a holistic education is at the heart of all our endeavours. Sport and a holistic education are deeply interconnected, playing a crucial role in the shaping of well-rounded students who can develop into young men and women of character, integrity and faith. When a student is a part of a holistic education model, they are nurtured to develop their intellectual, emotional, physical and social capabilities, fostering balanced growth and challenges. At SPS, we believe sport is as an essential component of this approach and offers numerous benefits that go beyond physical fitness.

The sporting program at SPS encourages students to become their most authentic and flourishing version of themselves and complements the academic learning they complete at school. They are challenged with opportunities that develop their perseverance, resilience, discipline, teamwork and collaboration capabilities, leadership skills and empathy – important traits for lifelong learning and growth. In addition, they also have a healthy outlet for their energy and emotions which is important for navigating the academic pressures and social challenges commonly experienced with teenagers, as well as enhancing cognitive function, concentration, memory and focus (Australian Institute of Health & Welfare [AIHW], 2024).

SPS sport has 5 underpinning values that matter far more than wins or losses, and ensures all students show respect for their teammates, opposition, coaches, managers, umpires and themselves. These values are:

- Sportsmanship
- Discipline
- Growth
- Accountability
- Excellence

Students who demonstrate these core values ensure they are representing themselves and the School in the best way possible. In addition, developing these values ensures students are thriving far beyond the sporting field and are creating a foundation of success for life beyond school.

To enhance the accessibility of sport at SPS, students have several ways that they can take part in the program. In a pastoral setting, students are encouraged to show house spirit and passion through their participation in interhouse sporting carnivals which are an integral part of the school calendar. In the extra-curricular setting, students have the opportunity to be apart of various sports across Terms 1-3, with some sports also having pathways that allow students to compete at external competitions as well. While participation is not compulsory, it is heavily advised and helps students to make up their compulsory involvement in at least 2 extra-curricular activities per year.



## Junior School

### Interhouse Carnivals

The pastoral setting and being a member of a house is an integral part of SPS. The 5 houses are Boek, Gladius, Mitre, Scudo & Taja.



All students in Junior School are expected to participate in a variety of interhouse carnivals across the year. The purpose of these carnivals is to build house culture and unity, develop and showcase foundational movement skills, foster healthy competitive spirit and emphasise participation above results.



The annual schedule for each interhouse carnival is:

**Term 1**

Swimming carnival	Year 3-6	Junior School swimming pool	Uniform: One piece swimsuit, swimming cap & goggles
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**Term 2**

Cross Country carnival	Pre-prep – Year 6	School ovals	Uniform: House shirt, green HPE shorts, joggers & school hat
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**Term 3**

Athletics carnival	Pre-prep – Year 6	School ovals	Uniform: House shirt, green HPE shorts, joggers & school hat
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**Term 4**

Ball Games carnival	Pre-prep – Year 6	School ovals	Uniform: House shirt, green HPE shorts, joggers & school hat
Touch Football carnival	Year 5-6	School ovals	



## Junior TAS

SPS is a member school of *The Associated Schools (TAS)*, Brisbane's pre-eminent co-educational interschool sporting competition. Students from Year 3-6 are encouraged to participate in Junior TAS sports across their time at SPS, with the aim to develop athletic and physical capability, nurture individual growth, foster relationships with peers, build resilience across different settings and learn the importance of sportsmanship and respect.

The member schools that we compete against in Junior TAS include Cannon Hill Anglican College (CHAC), Canterbury College (CC), John Paul College (JPC), Ormiston College (OC), St John's Anglican College (SJAC) & West Moreton Anglican College (WMAC).



Students from Year 3-6 are invited to compete in Junior TAS. Students in Year 3 are invited to compete at Junior TAS carnivals (athletics, cross country & swimming) **only if they are 9 years old** on the year of competition, as per the TAS by-laws. For team sports, Year 3 students are only invited to participate if there are not enough Year 4 students to fill a team.



The Junior TAS sports on offer for students are:

### Term 1

Swimming	Year 3-6*	Uniform: SPS one piece swimsuit, SPS swimming cap & goggles
	Y	
Hockey	Year 4-6	Uniform: SPS HPE uniform & joggers
Cricket	Year 4-6	Uniform: SPS cricket uniform (available to purchase from the Retail Shop) & joggers

### Term 2

Cross Country	Year 3 – 6*	Uniform: SPS cross country singlet (available to purchase from the Retail Shop or loan for the carnival day), green HPE shorts & joggers
Netball	Year 4-6	Uniform: SPS netball dress, black bike pants & joggers
Rugby union	Year 4-6	Uniform: SPS rugby jersey, rugby shorts & joggers/soft moulded football boots

### Term 3

Athletics	Year 3 – 6*	Uniform: SPS athletics singlet (available to purchase from the Retail Shop or loan for the carnival day), green HPE shorts & joggers
Basketball	Year 4-6	Uniform: SPS basketball jersey (available to purchase from the Retail Shop), green HPE shorts & joggers
Football	Year 4-6	Uniform: SPS football jersey (available to purchase from the Retail Shop), green HPE shorts & joggers/soft moulded football boots

### Term 4

Touch football	Year 4-6	Uniform: SPS HPE uniform & joggers/ soft moulded football boots
Tennis	Year 4-6	Uniform: SPS HPE uniform & joggers



### **Sign-On Process**

Students have the opportunity to sign up for their chosen sports each term via the registration link sent out on Seesaw. It's vital that parents/students respond to this registration link in a timely manner so that coordinators can prepare sufficiently for trials and/or preseason training. When signing up, students and parents both acknowledge and agree to abide by the TAS Code of Conduct (page 29) and SPS Players & Spectators Codes of Conduct (page 34 & 38).

### **Team Selection**

The Junior TAS competition is divided into 3 divisions: Year 4, Year 5/6 Division 2 & Year 5/6 Division 1. Where necessary due to numbers, the Sport Coordinator and coaches will hold trials for their relevant sport to select teams for these divisions. Students will stay in their relevant year level group when selected (unless extenuating circumstances require teams to collapse or expand) and a priority is given to ensuring teams are well-balanced, similar in skill level and encourage a safe environment for all participants.

### **Draws & Venues**

The draw for the term will be released for parents in Week 1 or 2 of the relevant term. As per the TAS by-laws, the first round Junior TAS games shall start no earlier than 7:30am and no later than 10:30am. The venues for each game, with an accompanying school map, are included on the draws.

### **Awards**

There are 3 types of awards that can be given to students who participate in Junior TAS sports: Celebration of Achievement (CoA) award, Coach's award & Age Champion award. The CoA and Coach's awards are given to players (1 for CoA; 1 for Coach's) in Junior TAS Saturday sport teams, while the Age Champion award is given to athletes (1 per age group per gender) in the Junior TAS swimming, cross country and athletics teams. The awards recognise the best player/s who are enthusiastic, an asset to the team, strives hard, shows good sportsmanship, trains well, works as a member of a team and is an all-round good sportsman/woman.





## Representative Sport

Students can trial for representative school sport through the Bramble Bay (district), Met North (regional) and Queensland (state) pathways.



The representative school sport pathway is for students to compete at the semi-elite level against students outside of just the Junior TAS & TAS realm. These pathways allow students further exposure to elite level competitions and coaching, and we encourage students who have the ability to nominate themselves and push themselves to trial.

## **Bramble Bay**

Bramble Bay is the first step towards students gaining selection into a school sport representative team. At this level, students compete and trial against students from other schools in the district to be selected in the district Bramble Bay team for their respective sport.

### Nomination Process

To nominate, students who have the appropriate skill and ability must complete the QR code sent out via Seesaw on the Trial Nominations form to receive permission and consent forms. All forms must be completed and returned to the official for each sport prior to trials.

### Selection Trials

When attending trials, if they fall in school hours, it is the responsibility of parent/guardians to notify the school of their child's absence. A parent/guardian must attend all trials for any student trialling, except for cross country, swimming and track & field, in which a staff member from the school will be present and supervising the team sent.

If students are successful in making the Bramble Bay team, they will go to the next step which is the **Met North trials**.

### Condition of Attendance

All students who nominate must be demonstrating appropriate behaviour and conduct at school to be allowed to attend. In addition, they must have the approval of the coordinator of their sport and either currently playing competitively for SPS in the Junior TAS competition for that sport OR where it is a non-Junior TAS sport, proof of their participation outside of school must be shown.

For any further information, please visit the Bramble Bay website:  
<https://metnorthschoolsport.eq.edu.au/district-sport/our-districts/bramble-bay>.

## Met North

Met North is the second school sport representative level. At this level, students compete in their Bramble Bay district team to trial against other district teams in the Metropolitan North area to be selected in the regional Met North team for their respective sport.

### Nomination Process

Students can nominate for these trials in 2 ways:

- 1) If students make their respective Bramble Bay team, they will automatically be nominated for the Met North trial. They will be given all trial and consent paperwork from their Bramble Bay team manager, which must be completed and submitted to the regional official for their sport before they attend the Met North trials with their team.
- 2) If a student is nominating for a sport that has no Bramble Bay trial and is classified as *'Direct to Met North' nomination*, they should complete the QR code provided via Seesaw page on the Trial Nominations form to receive permission and consent forms. All forms must be completed and returned to the official for each sport prior to trials.

### Selection Trials

When attending trials, if they fall in school hours, it is the responsibility of parent/guardians to notify the school of their child's absence. A parent/guardian must attend all trials for any student trialling, except for cross country, swimming and track & field, in which a staff member from the school will be present and supervising the team sent. If students are successful in making the Met North team, they will go to the next step which is the **Queensland State Championships**

### Condition of Attendance

All students who nominate must be demonstrating appropriate behaviour and conduct at school to be allowed to attend. In addition, they must have the approach of the coordinator of their sport and either currently playing competitively for SPS in the Junior TAS competition for that sport OR where it is a non-Junior TAS sport, proof of their participation outside of school must be shown.

For any further information, please visit the Met North website: <https://metnorthschoolsport.eq.edu.au/>





## Queensland

Queensland is the third school sport representative level. When students compete with their Met North team at the Queensland State Championships, they may be considered/selected for the Queensland Representative School Sport team for their respective sport.

### Selection Process

If students make their respective Met North team, they will attend the Queensland State Championships. At these championships, teams will play games against the other 11 regions in Queensland. Teams playoff for final positions and at the conclusion, a merit or playing Queensland team are selected and announced.

If students are successful in making the Queensland team, they may either be named in the merit team (these teams do not compete further but are still named) or go to the next step which is the **Australian School Championships**. If they are required to compete further, all necessary paperwork will be given to them by their Queensland team manager.

### Selection Trials

When attending the Queensland State Championships, if they fall in school hours, it is the responsibility of parent/guardians to notify the school of their child's absence.

### Condition of Attendance

All students who attend must be demonstrating appropriate behaviour and conduct at school to be allowed to attend. In addition, they must have the approval of the coordinator of their sport and either currently playing competitively for SPS in the Junior TAS competition for that sport OR where it is a non-Junior TAS sport, proof of their participation outside of school must be shown.

For any further information, please visit the Queensland Representative School Sport website: <https://queenslandsschoolsport.education.qld.gov.au/>



## External Competitions

For some Junior TAS sports, students and/or teams may have the opportunity to participate in external competitions. These competitions may act as a preseason event for the Junior TAS season, or may be an additional competition for teams to be apart of to grow their skills and team development. Nomination and entry into any external competitions is the decision of the Head of Sport and Sport Coordinator for individual sports, and any information related to this will be released via Seesaw if a decision to attend is made.

## Communication

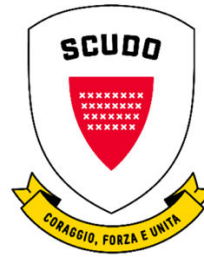
There are 3 platforms of communication for Junior School sport:

- 1) Seesaw – Seesaw is the primary platform for all Junior School communication, including sport. Information is released into classroom pages, as well as individual class pages for specific sports being set up each term to communication information.
- 2) St Paul's app – For all wet weather notifications and training/game cancellations or changes, information is communicated via the St Paul's app. To download, follow the below instructions:
  - Search 'St Paul's' in your App store.
  - Go to settings (top right of home page).
  - Choose "Subscriptions".
  - Select "Sport & Extracurricular".
  - Select the Sport/s for which you wish to receive notifications for. I would highly recommend keeping notifications for all sports on, just to be safe and to ensure you don't need to subscribe each term.
- 3) Email – Some coordinators may communicate information individually to parents via email.

## Secondary School

### Interhouse Carnivals

The pastoral setting and being a member of a house is an integral part of SPS. The 5 houses are Boek, Gladius, Mitre, Scudo & Taja.



All students in Secondary School are expected to participate in a variety of interhouse carnivals across the year. The purpose of these carnivals is to build house culture and unity, develop and showcase foundational movement skills, foster healthy competitive spirit and emphasise participation above results.





The schedule for each interhouse carnival is:

**Term 1**

Swimming carnival	Year 7-12	Sleeman Swimming Complex	Sports	Uniform: One piece swimsuit, swimming cap & goggles
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**Term 2**

Cross carnival	Country Year 7-12	School ovals		Uniform: House shirt, green HPE shorts, joggers & school hat
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**Term 3**

Athletics carnival	Year 7-12	School ovals		Uniform: House shirt, green HPE shorts, joggers & school hat
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## TAS

SPS is a member school of *The Associated Schools (TAS)*, Brisbane's pre-eminent co-educational interschool sporting competition. Students from Year 7-12 are encouraged to participate in TAS sports across their time at SPS, with the aim to develop athletic and physical capability, nurture individual growth, foster relationships with peers, build resilience across different settings and learn the importance of sportsmanship and respect.

The member schools that we compete against in TAS include: Cannon Hill Anglican College (CHAC), Canterbury College (CC), John Paul College (JPC), Ormiston College (OC), St Columban's College (St C), St John's Anglican College (SJAC) & West Moreton Anglican College (WMAC).



TAS is a pathway for all Year 7-12 students to compete in. For Saturday fixture sports, students will compete in year level or combined year level teams, whilst for carnival sports such as athletics, cross country and swimming, they will compete in their age groups determined by their year of birth.

The TAS sports on offer for all Year 7-12 students are:

**Term 1**

Swimming*	Uniform: SPS one piece swimsuit, SPS swimming cap & goggles
Girls basketball	Regular uniform: SPS basketball jersey, green HPE shorts & joggers 1 <sup>st</sup> V uniform: SPS red basketball uniform & joggers
Girls football	Regular uniform: SPS football jersey, green HPE shorts & joggers/soft moulded football boots 1 <sup>st</sup> XI uniform: SPS red football uniform & joggers/soft moulded football boots
Girls tennis	Regular uniform: SPS tennis shirt, tennis skort & joggers 1 <sup>st</sup> IV uniform: SPS white & red tennis uniform & joggers
Boys cricket	Regular uniform: SPS cricket shirt, cricket pants & joggers 1 <sup>st</sup> XI uniform: SPS white cricket uniform, baggy green hat & joggers
Boys volleyball	Regular uniform: SPS volleyball jersey, green HPE shorts & joggers 1 <sup>st</sup> VI uniform: SPS red volleyball uniform & joggers

**Term 2**

Cross country*	Uniform: SPS cross country singlet, cross country red shorts OR green HPE shorts OR plain black bike pants & joggers
Girls hockey	Regular uniform: SPS hockey jersey, hockey skort & joggers 1 <sup>st</sup> XI uniform: SPS red hockey uniform & joggers
Girls netball	Regular uniform: SPS hockey jersey, hockey skort & joggers 1 <sup>st</sup> VII uniform: SPS red hockey uniform & joggers
Boys rugby union	Regular uniform: SPS rugby jersey, rugby shorts & soft moulded football boots 1 <sup>st</sup> XV uniform: SPS red rugby uniform & soft moulded football boots
Boys tennis	Regular uniform: SPS tennis shirt, green HPE shorts & joggers 1 <sup>st</sup> IV uniform: SPS white & red tennis uniform & joggers



**Term 3**

Athletics*	Uniform: SPS cross country singlet, cross country red shorts OR green HPE shorts OR plain black bike pants & joggers
Girls touch football	Regular uniform: SPS touch jersey, green HPE shorts OR plain black bike pants & joggers/soft moulded football boots 1 <sup>st</sup> VI uniform: SPS red touch uniform & joggers/soft moulded football boots
Girls volleyball	Regular uniform: SPS volleyball jersey, green HPE shorts & joggers 1 <sup>st</sup> VI uniform: SPS red volleyball uniform & joggers
Boys basketball	Regular uniform: SPS basketball jersey, green HPE shorts & joggers 1 <sup>st</sup> V uniform: SPS red basketball uniform & joggers
Boys football	Regular uniform: SPS football jersey, green HPE shorts & joggers/soft moulded football boots 1 <sup>st</sup> XI uniform: SPS red football uniform & joggers/soft moulded football boots



### **Sign-On Process**

Students have the opportunity to sign up for their chosen sports each term via the registration link sent to their email, as well as parent emails. It's vital that parents/students respond to this registration link in a timely manner so that coordinators can prepare sufficiently for trials and preseason training. When signing up, students and parents both acknowledge and agree to abide by the TAS Code of Conduct (page 29) and SPS Players & Spectators Codes of Conduct (page 34 & 38).

### **Team Selection**

Where necessary due to numbers of players or the division, the Sport Coordinator and coaches will hold trials for their relevant sport to select team. For some sports, there may be no trials as students stay in their year level and there is only 1 team. For others, there may be trials due to an increased number of students in a year level, meaning more than 1 team must be selected, or there is a mixed year level division (e.g. Intermediate, Opens, Year 9/10, Seconds, Firsts) that requires students from multiple year levels to trial and be sorted into a team. A priority is given to ensuring teams are appropriate in skill level for their division and are well-balanced in ability and positions.

### **First Teams**

Being a member of a First team is an honour and privilege at SPS. When students are selected into the First team, they agree to abide by the First Team Expectations (page 36) and acknowledge that they are a role model for the younger students in their sport. In agreeing to these expectations, players understand that their responsibility is to not only show excellence and sportsmanship on the field, but to also demonstrate helpfulness and empathy off the field by helping out younger teams and students in any way that their Sport Coordinator deems necessary.

### **Uniforms**

For training, students are required to wear either the SPS training shirt and shorts, or their HPE multipurpose shirt or House shirt and green HPE shorts.

For Saturday games or carnivals, students are required to wear the above-mentioned playing uniforms. First players are expected to arrive in their full formal uniform before changing into their playing uniform, while all other teams are permitted to arrive in their playing uniform only. All playing uniforms are available for purchase from the Retail Shop. Students can purchase new uniforms or second-hand uniforms, if they are available in their size.

### **Draws & Venues**

The draw for the year is available for all parents on the school website. From there, a weekly draw is emailed out at the start of each week with specific game times and venues. As per the TAS by-laws, the first round of TAS games shall start no earlier than 7:30am. The venues for each game, with an accompanying school map, are included on the draws.

### Awards

There are 3 types of awards that can be given to students who participate in TAS sports: Celebration of Achievement (CoA) award, Coach's award & Age Champion award. The CoA and Coach's awards are given to players (1 for CoA; 1 for Coach's) in TAS Saturday sport teams, while the Age Champion award is given to athletes (1 per age group per gender) in the TAS swimming, cross country and athletics teams. The awards recognise the best player/s who are enthusiastic, an asset to the team, strives hard, shows good sportsmanship, trains well, works as a member of a team and is an all-round good sportsman/woman.





## Representative Sport

Students can trial for representative school sport through the Bramble Bay (district), Met North (regional) and Queensland (state) pathways.



The representative school sport pathway is for students to compete at the semi-elite level against students outside of just the Junior TAS & TAS realm. These pathways allow students further exposure to elite level competitions and coaching, and we encourage students who have the ability to nominate themselves and push themselves to trial.



## **North Independent**

North Independent is the first step towards students gaining selection into a school sport representative team. At this level, students compete and trial against students from other schools in the district to be selected in the district North Independent team for their respective sport.

### Nomination Process

To nominate, students who have the appropriate skill and ability must complete the QR code sent out via email on the Trial Nominations form to receive permission and consent forms. All forms must be completed and returned to the official for each sport prior to trials.

### Selection Trials

When attending trials, if they fall in school hours, it is the responsibility of parent/guardians to notify the school of their child's absence. A parent/guardian must attend all trials for any student trialling, except for cross country, swimming and track & field, in which a staff member from the school will be present and supervising the team sent. If students are successful in making the North Independent team, they will go to the next step which is the **Met North trials**.

### Conditions of Trials

All students who nominate must be demonstrating appropriate behaviour and conduct at school to be allowed to attend. In addition, they must have the approach of the coordinator of their sport and either currently playing competitively for SPS in the TAS competition for that sport OR where it is a non-TAS sport, proof of their participation outside of school must be shown.

For any further information, please visit the North Independent website:  
<https://metnorthschoolsport.eq.edu.au/district-sport/our-districts/north-independent>.

## Met North

Met North is the second school sport representative level. At this level, students compete in their North Independent district team to trial against other district teams in the Metropolitan North area to be selected in the regional Met North team for their respective sport.

### Nomination Process

Students can nominate for these trials in 2 ways:

- 3) If students make their respective North Independent team, they will automatically be nominated for the Met North trial. They will be given all trial and consent paperwork from their Bramble Bay team manager, which must be completed and submitted to the regional official for their sport before they attend the Met North trials with their team.
- 4) If a student is nominating for a sport that has no Bramble Bay trial and is classified as '*Direct to Met North*' nomination, they should complete the QR code provided via email on the Trial Nominations form to receive permission and consent forms. All forms must be completed and returned to the official for each sport prior to trials.

### Selection Trials

When attending trials, if they fall in school hours, it is the responsibility of parent/guardians to notify the school of their child's absence. A parent/guardian must attend all trials for any student trialling, except for cross country, swimming and track & field, in which a staff member from the school will be present and supervising the team sent. If students are successful in making the Met North team, they will go to the next step which is the **Queensland State Championships**

### Condition of Trials

All students who nominate must be demonstrating appropriate behaviour and conduct at school to be allowed to attend. In addition, they must have the approval of the coordinator of their sport and either currently playing competitively for SPS in the TAS competition for that sport OR where it is a non-TAS sport, proof of their participation outside of school must be shown.

For any further information, please visit the Met North website: <https://metnorthschoolsport.eq.edu.au/>



## Queensland

Queensland is the third school sport representative level. When students compete with their Met North team at the Queensland State Championships, they may be considered/selected for the Queensland Representative School Sport team for their respective sport.

### Selection Process

If students make their respective Met North team, they will attend the Queensland State Championships. At these championships, teams will play games against the other 11 regions in Queensland. Teams play off for final positions and at the conclusion, a merit or playing Queensland team are selected and announced.

If students are successful in making the Queensland team, they may either be named in the merit team (these teams do not compete further but are still named) or go to the next step which is the **Australian School Championships**. If they are required to compete further, all necessary paperwork will be given to them by their Queensland team manager.

### Selection Trials

When attending the Queensland State Championships, if they fall in school hours, it is the responsibility of parent/guardians to notify the school of their child's absence.

### Condition of Attendance

All students who attend must be demonstrating appropriate behaviour and conduct at school to be allowed to attend. In addition, they must have the approval of the coordinator of their sport and either currently playing competitively for SPS in the TAS competition for that sport OR where it is a non-TAS sport, proof of their participation outside of school must be shown.

For any further information, please visit the Queensland Representative School Sport website: <https://queenslandschoolsport.education.qld.gov.au/>





## External Competitions

For some TAS sports, students and/or teams may have the opportunity to participate in external competitions. These competitions may act as a preseason event for the TAS season, or may be an additional competition for teams to be apart of to grow their skills and team development. Nomination and entry into any external competitions is the decision of the Head of Sport and Sport Coordinator for individual sports, and any information related to this will be released via email if a decision to attend is made.

In the past 5 years, the school has entered successful teams into the following competitions:

- Vicki Wilson Shield & Cup Netball (Year 9-12 girls netball)
- CBSQ Junior Secondary & Opens Basketball (Year 8-12 boys & girls basketball)
- Gold Coast Titans All Schools Touch Football (Year 10-12 boys & girls touch football)
- QLD Beach Volleyball Schools Cup (Year 7-12 boys & girls volleyball)
- QLD Junior, Intermediate & Senior Volleyball Schools Cup (Year 7-12 boys & girls volleyball)
- Australian Volleyball Schools Cup (Year 10-12 boys & girls volleyball)





## Communication

There are 2 platforms of communication for Junior School sport:

- 1) Email – The Head of Sport and Sport Coordinators will communicate information to parents and students via email weekly. It is important that students check their emails regularly for this correspondence.
- 2) St Paul's app – For all wet weather notifications and training/game cancellations or changes, information is communicated via the St Paul's app. To download, follow the below instructions:
  - Search 'St Paul's' in your App store.
  - Go to settings (top right of home page).
  - Choose "Subscriptions".
  - Select "Sport & Extracurricular".
  - Select the Sport/s for which you wish to receive notifications for. I would highly recommend keeping notifications for all sports on, just to be safe and to ensure you don't need to subscribe each term.

## Other Opportunities

### **Sports Committee**

Run by the Executive Sport Captains each year, the Sports Committee is a committee for all students eager to get involved in the sporting life at SPS. The Sports Committee is responsible for organising key sporting events in the SPS calendar, such as Cultural Round, Pink Day, Blue Day, staff vs student matches and facilitating Junior School carnivals. In addition, they drive promoting sport and brainstorming ideas for all students to get involved.

### **Coaching & Refereeing**

Students are encouraged to get involved in coaching Junior TAS or TAS teams, dependent on their experience and knowledge. In doing this, students are able to demonstrate an act of service towards the sports they play, while being able to work with adult and staff coaches that can mentor and develop their leadership skills and coaching ability. Students are also encouraged to referee/umpire for their respective sports. This allows them a way to engage in addition to playing and if students are officially badged in their sport, they are also able to be remunerated.

## TAS Code of Conduct

All SPS students are required to abide by the TAS Code of Conduct which states that:

### **PREAMBLE:**

- 1.1. The aim of The Associated Schools Inc. is "to promote and conduct various forms of inter-school activity, with a view to fostering a spirit of fellowship". It is acknowledged and accepted that each school has its own standards of conduct and that it is within the jurisdiction of our schools' Principals to ensure that those standards are maintained. Nevertheless, some commonly accepted norms of behaviour designated herein will be observed on a uniform basis throughout the Association.
- 1.2. In particular, as part of their involvement in TAS activities, Association Member schools have a responsibility to ensure that the Protocol and Ethos of the Association is maintained throughout.
- 1.3. In this regard, schools shall:
- 1.4. wholeheartedly support the Association's Constitution, By-Laws, Rules and activities and do all things to promote and foster the Aims, Ethos and Protocol of the Association;
- 1.5. refrain from directly approaching students from other TAS schools (poaching) or offering scholarships or other inducements to said students to change schools; (refer to policy #12 of Policy Manual)
  - 1.5.1. **(Note that respondents to "open" advertisements or to generally advertised programmes of excellence are not restricted by this Clause).**
  - 1.5.2. ensure that staff and coaches from Member schools are particularly sensitive in observing all proper protocols relating to this issue;
  - 1.5.3. when a non-solicited transfer between TAS schools occurs, the Head of the new school shall, as a matter of courtesy, advise the Head of the previous school.

### **2. This Code is considered under the following headings:**

- General Behaviour
- Behaviour and Example of Coaches
- Standards Required by Referees
- Conduct and Sanction of Players
- Conduct of Spectators
- Dress
- Sport Specific Considerations

### **3. General Behaviour**

- 3.1. Healthy, vigorous exercise, scrupulous regard for the spirit of the Rules of the game, a willingness to submit to disciplined training, and the cultivation of a generous sportsmanship are the goals of TAS sports.

- 3.2.** The Host School has the right to expect that both visitors and members of its own community will adhere to its own particular customs and practices.
- 3.3.** The competition table is not to be regarded as the sole reason for competing.
- 3.4.** Schools should ensure that players compete in their correct age group and that they adhere to the General Competition Rules and By-Laws for the various sports.
- 3.5.** Any form of harassment will, under no circumstances, be tolerated by TAS. Players may (in the officiating crew's discretion) be given a warning. However, in clear and serious cases of harassment, there is no requirement to give a warning. The player may be sent off for harassment at the officiating crew's discretion with or without a warning. Such send off for harassment, as with any other send off, will be reported to the school and clause 7.9 shall apply. Spectators likewise should be asked to leave the sideline and reported to the school if involved in forms of harassment. For the purposes of this clause, harassment means:
- 3.5.1.** Harassment is any unwelcome conduct, verbal or physical, that intimidates, offends or humiliates another person and which happens because a person has a certain personal characteristic.
- 3.5.2.** The offensive behaviour does not have to take place a number of times, a single incident can constitute harassment.
- 3.5.3.** The following is a list of all the personal characteristics:
- gender;
  - race, colour, descent, national or ethnic origin, nationality, ethno-religious origin, immigration;
  - national extraction or social origin;
  - relationship status
  - pregnancy, potential pregnancy, breastfeeding;
  - family status or situation;
  - age;
  - religion, religious beliefs or activities;
  - political beliefs or activities;
  - lawful sexual activity;
  - sexual orientation, homosexuality and gender identity;
  - physical features;
  - disability, mental or physical impairment;
  - personal association with someone who has, or is assumed to have, any of these personal characteristics; and
  - victimisation resulting from a complaint.

#### **4. Behaviour and Example of Coaches**

- 4.1. Under no circumstances is there to be deliberate bending of the General Competition Rules and By-Laws for the various sports. Coaches, Coordinators and Directors of Sport are expected to abide by the "spirit" as well as the "letter of the law".
- 4.2. Coaches should encourage teams and/or individual players to be punctual in coming onto the field or reporting to the designated officials both before and during matches.
- 4.3. Coaching from inside the playing arena by anyone is not allowed.
- 4.4. Coaches must accept the decisions of referees and umpires. This does not preclude rational clarification of decisions at a subsequent time.
- 4.5. The following are banned:
  - 4.5.1. time-wasting and time-wasting actions;
  - 4.5.2. unsportsmanlike behaviour;
  - 4.5.3. over-vigorous play;
  - 4.5.4. deliberate coaching in illegal tactics;
  - 4.5.5. sledging;
  - 4.5.6. dissention;
  - 4.5.7. foul language;
  - 4.5.8. foul play.

## **5. *Standards Required of Referees***

- 5.1. As an Association we demand a certain standard of behaviour and dress from our players; similar standards are expected of referees and umpires.
- 5.2. Appropriate signals for the conduct of the sport should be adhered to; clear signalling is beneficial to the game.
- 5.3. It is expected that referees and umpires should meet the required standards of qualifications in order to officiate.
- 5.4. The criteria for appointment of referees and umpires as laid down in the various By-Laws should be adhered to.

## **6. *Conduct and Sanction of Players***

- 6.1. A high standard of conduct is expected at all times, both on and off the field.
- 6.2. Each and every player should be an example of what a sportsperson should be, including an appreciation of good play and an acceptance of the mistakes made by fellow players.
- 6.3. The game should be played hard but never unfairly.
- 6.4. Ill-temper or spite should never be shown; assistance for opponents when it appears desirable should be given.
- 6.5. The meeting of the opposing coach and captain by opposite numbers is to be commended.
- 6.6. Congratulations, thanks or cheers appropriate to the game, by the captain and/or players is to be encouraged.
- 6.7. The orders or instructions of the umpire, referee or designated official should be obeyed quickly, and any decisions, however unfavourable, should be accepted without question.



- 6.8.** The use of drugs, including pain-killers, to improve or maintain the performance of any individual player or group of players is strictly forbidden.
- 6.9.** In all instances where a player is dismissed or excluded from play for foul play or play deemed dismissible by the officiating crew of their game (including being dismissed or excluded for harassment), they will incur a minimum one-week suspension from that TAS sport (it is important to note that a bye does not constitute a week of TAS sport). Schools may impose longer sanctions if they deem it appropriate.

## **7. *Conduct of Spectators***

- 7.1.** Good play, by either side, should be acknowledged by spectators in the appropriate manner. This can encourage players and help them to lift their game as the match or contest progresses.
  - 7.1.1.** Unwise or fanatical barracking can make a player perform foolish actions in their play, or incite them to foul play, which is not to be condoned.
- 7.2.** The Principal, or their representative, has the legal right to remove any person or persons who do not conform to the acceptable standards of behaviour as set by his/her school.
- 7.3.** Consumption of alcohol by spectators during the conduct of a match or contest is not permitted.
- 7.4.** Referees or umpires are not to be approached by spectators at any time before, during or after a match.
- 7.5.** While cheering and supporting one's own team is recognised as part of the conduct of the game, and provided this barracking is within the requirements of the By-Laws (with respect to Athletics and Swimming), it is to be encouraged; "anti-barracking" is banned.
- 7.6.** While the Host School should make every endeavour to provide for the disposal of rubbish, all spectators should make every effort not to litter any parts of the playing fields and/or grounds.

## **8. *Dress***

- 8.1.** Referees, umpires, officials and players are to be correctly attired according to the needs of the particular sport.
- 8.2.** Dress (especially footwear) of all participants should be clean and tidy, respectable, and not torn.
- 8.3.** The By-Laws for the various sports, with respect to dress are to be observed by players. In addition the following points are to be noted:
  - 8.4.** it is recommended that correct boots be worn for turf wicket matches;
  - 8.5.** correct headwear should be worn for cricket;
  - 8.6.** appropriate sponsorship shall be permitted on sporting uniforms.

## SPS Sport: Players Code of Conduct

### **1. Exemplify sportsmanship and respect**

Show respect to teammates, opponents, coaches, and officials at all times. Recognise their contributions to the sport and foster an environment of mutual respect.

### **2. Play with purpose and enjoyment**

Embrace the enjoyment and passion that playing TAS sport brings and strive to make every game an opportunity to excel and grow.

### **3. Prioritise team success alongside personal goals**

Dedicate your efforts to the success of your team and not solely to personal achievements. Remember that teamwork is foundational to individual and collective accomplishments.

### **4. Adhere strictly to the rules and ethics of the game**

Ensure you abide by the TAS by-laws and recognise that the rules maintain the game's integrity and fair play for all.

### **5. Respect the role of coaches and officials**

Accept and respect decisions made by coaches and officials and maintain a constructive attitude even in moments of disagreement.

### **6. Maintain composure and self-control**

Show discipline and self-control, especially under pressure. Refrain from engaging in unsportsmanlike conduct, arguments, or retaliatory behaviour, as your actions reflect on you, your team, and the sport.

### **7. Uphold high standards in training**

Approach each practice, drill, and training session with seriousness and intent. Recognise that hard work and commitment in directly contributes to in-game success.

### **8. Value honest effort, skill and progress**

Place importance on giving your best effort, regardless of the outcome. Appreciate the skill involved in both your performance and that of your opponents, focusing on consistent improvement.

### **9. Promote inclusion and diversity**

Foster an environment where all individuals feel welcomed and valued, regardless of background or skill level.



**11. Display leadership and positivity**

Inspire and encourage teammates, setting a positive example through your actions and words.

**12. Always demonstrate fair play**

Compete with integrity and demonstrate fair play at all times.

**13. Balance success with humility**

Celebrate victories with humility and handle defeats with grace.

## SPS Sport: First Team Expectations

Being selected for the First Team is a significant honour and responsibility, representing both your sport and the school. As a First Team player, your actions reflect on yourself, your sport, and the entire school community, both on and off the field. It is essential to embody the values of the school and uphold these shared standards.

The expectations for each First player include:

**1. Uphold school values**

Act in a manner that reflects and honours the values of the school at all times.

**2. Demonstrate leadership**

Embrace your role as a leader by supporting other teams, coaches, and volunteers as needed.

**3. Dress appropriately**

Attend all games in formal uniform and arrive before the first round of weekend fixtures each week.

**4. Support the school community**

Attend and support other sports during weekend fixtures, demonstrating solidarity across teams.

**5. Assist with Saturday fixture set-up and pack down**

Contribute to the setup and cleanup of weekend home fixtures.

**6. Show respect and sportsmanship**

Treat teammates, opponents, officials, and volunteers with respect and dignity, fostering a positive atmosphere.

**7. Adhere to the TAS Code of Conduct**

Follow the TAS Code of Conduct at all times, whether on the field or in any school-related setting.

**8. Maintain appropriate behaviour across all school settings**

Exhibit appropriate behaviour in all contexts where you represent the school, including classrooms, training, competition, and travel.



## SPS Sport: Spectators Code of Conduct

### **1. Promote active participation**

Encourage all players' engagement in sports, fostering enthusiasm, growth, sportsmanship and commitment above outcomes.

### **2. Model exemplary sportsmanship**

Exhibit respectful conduct and integrity towards all players, coaches, officials and referees as an example for our students.

### **3. Communicate with respect and positivity**

Ensure respectful interactions that support a positive sports environment towards all involved.

### **4. Encourage effort, skill, and a team-first approach**

Value honest effort, skilful play, and team commitment.

### **5. Support a healthy environment**

Honour the TAS By-Laws and School Sport Australia's smoke- and alcohol-free policy at all TAS events.

### **6. Maintain composure and respect for enjoyment**

Remember that our students play for enjoyment and development above all else - allow your actions to enhance their experience.

### **7. Respect event officials**

Allow officials to manage the game without interference and respect their experience and authority in officiating matches.

### **8. Applaud skill and teamwork generously**

Celebrate skilled performances and teamwork with sincere support for all players.

## **SPS Sport:**

# **Officials Code of Conduct**

### **1. Prioritise student wellbeing and development**

Place the physical and mental wellbeing of student athletes at the forefront, promoting a positive and safe sporting environment.

### **2. Promote fair play and sportsmanship**

Encourage respect, integrity, and fair play in all aspects of the game, serving as a role model for students.

### **3. Communicate with respect and professionalism**

Interact respectfully with athletes, parents, and other officials, fostering an environment of positive communication.

### **4. Emphasise skill development and enjoyment**

Focus on skill improvement, personal growth, and enjoyment of the sport rather than solely on competition outcomes.

### **5. Respect the rules and regulations**

Adhere strictly to the rules of the game and the policies of the TAS By-Laws and School Sport Australia, ensuring fair and consistent application.

### **6. Support inclusivity and equal opportunity**

Promote inclusivity, offering all students the opportunity to participate, regardless of skill level or background.

### **7. Demonstrate neutrality and impartiality**

Remain objective in all officiating decisions, ensuring fair and unbiased judgment throughout each game.

### **8. Provide constructive feedback and guidance**

Offer constructive, encouraging feedback that enhances the skills and confidence of student athletes.

### **9. Encourage respect for all participants**

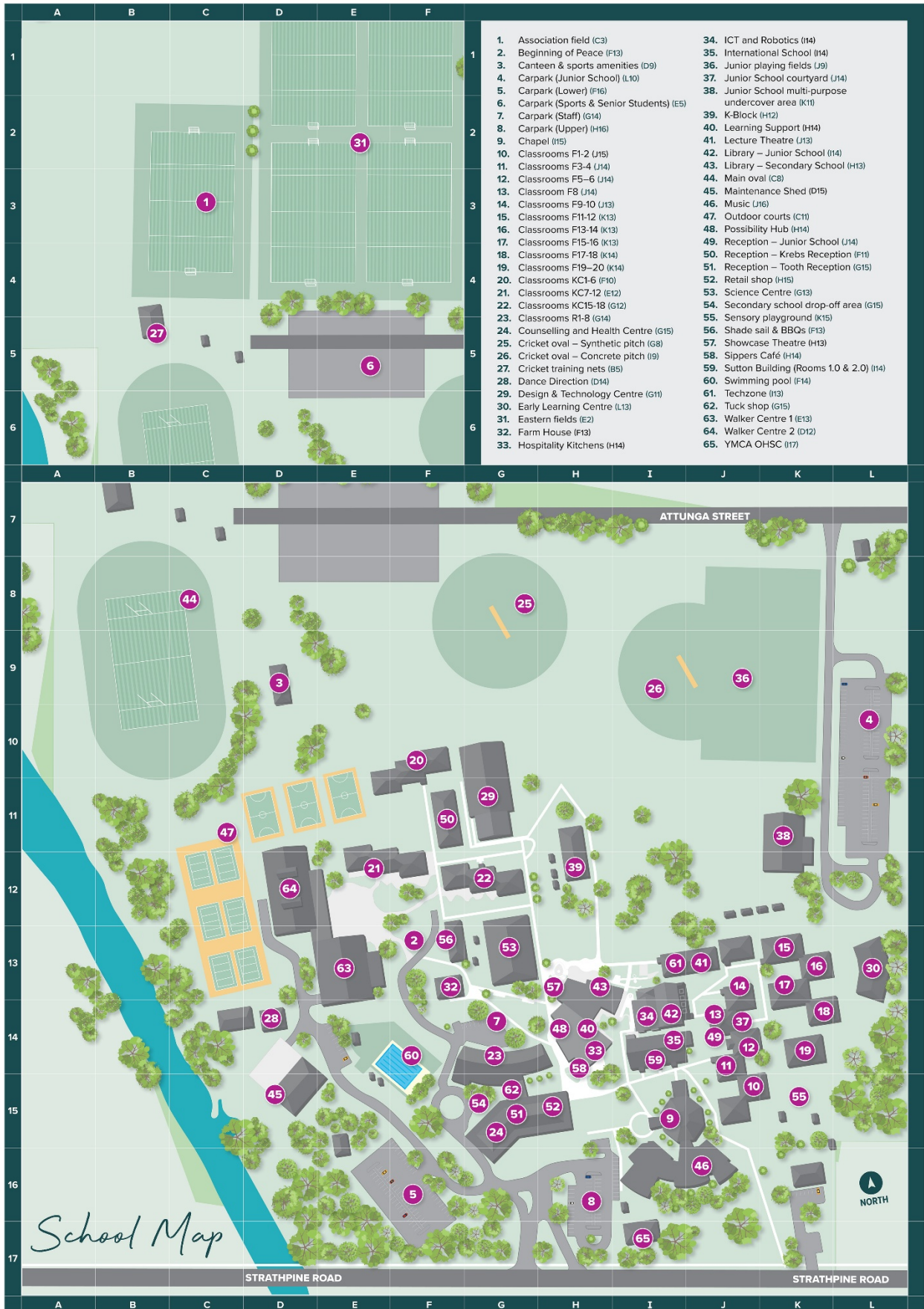
Promote a respectful atmosphere for all players, coaches, managers, officials, and spectators involved in the sport.

**10. Adhere to a Smoke and Alcohol-Free Policy**

Uphold the TAS By-Laws and School Sport Australia's commitment to a smoke- and alcohol-free environment at all events.

**11. Continually develop knowledge and skills**

Pursue ongoing development in sport-specific knowledge, coaching skills, and officiating techniques to better support student athletes.





# CONNECT WITH US

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*An Anglican co-educational school from Pre-Prep to Year 12.*

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