



**Thank you for your interest in playing Hockey at St Paul's.**

TAS Hockey offers students expert training sessions, group fitness, specialist coaching programmes & mentorship to develop skills to grow further as a player, mentor, referee or coach. Below you will find information that will help you prepare for the season.

## Games

St Pauls is part of TAS – The Associated Schools. Sports games are played on a home and away basis on Saturday mornings during Term 2. Times differ according to year level between 8am to 11am depending on the location of the game. The Sports draw can be found on the SPS website & the HSG Facebook page.

Round	Fixture	Venue
1 – 27 <sup>th</sup> April 2019	St Johns Anglican College Vs SPS	St Johns Anglican College
2 – 4 <sup>th</sup> May 2019	St Columban's College Vs SPS	St Columban's College
3 – 11 <sup>th</sup> May 2019	SPS Vs West Moreton Anglican College	HOME Gala/Pink Day
4 – 18 <sup>th</sup> May 2019	Canterbury College Vs SPS	Canterbury College
5 – 25 <sup>th</sup> May 2019	Ormiston College Vs SPS	Ormiston College
6 – 1 <sup>st</sup> June 2019	SPS Vs John Paul College	HOME
7 – 8 <sup>th</sup> June 2019	SPS Vs Cannon Hill Anglican College	HOME
FINALS	Various Locations	

## Training Sessions

Teams train twice a week for 1 – 1 ½ hours per session. Training is held either before or after school on the rear playing fields and it is an expectation that all players attend every session. Students must notify their coach if they are unable to attend training or games. Students must wear their Hockey training shirt, House shirt or multipurpose shirt and PE shorts or plain black tights to training sessions. No coloured tights are to be worn. Players require a stick and water bottle. Shin Guards and mouth guards must be worn at all times during Training. These are available through the Hockey Supporters Group (HSG) or local sports shops.

## Uniforms

The St Pauls playing uniform is a white sleeveless shirt, green skort, green & red striped socks and sports shoes. Uniforms & socks are available from the Retail Shop. Shin Guards and mouth guards must be worn at all times during games. Players may prefer to also wear inners, a lining under shin guards for added comfort.

## Hockey Supporters Group (HSG)

The HSG is a committee of volunteer parents who work to support Hockey at St Paul's. They meet on the 1st Monday of the month 6pm in the library. Throughout the year the HSG conducts fundraising events to raise money to support the ongoing development of hockey at St Pauls'. Funds raised by the HSG contribute towards end of season events and celebrations, Training shirts, Coaches fees, Playing & training equipment, trophies & awards. New faces are always welcome. Contact [HSGPresident@Spssa.org.au](mailto:HSGPresident@Spssa.org.au) or [HSGSecretary@Spssa.org.au](mailto:HSGSecretary@Spssa.org.au)

## Facebook

The Hockey Supporters Group (HSG) has a Facebook page that is updated with information. Please like & follow to stay up to date on Wet weather, training cancelations and games times. <https://www.facebook.com/spshockey>

## PTL

The Parent Team Liaison plays a vital role in helping the team coach with communications and game day organisation. They are link between the coach, HSG, parents and students. We ask that every team has a PTL. See further information.



## Contact

If you have any questions about playing Hockey at St Paul's, please contact Stuart Dunbar – Head of Hockey  
[s.dunbar@stpauls.qld.edu.au](mailto:s.dunbar@stpauls.qld.edu.au)

## How can parents support their Hockey players? By getting involved!

We understand parents are often busy and time is limited, so below we have a number of ways to help you show your support.

Sport is fundamental to the development and wellbeing of children and young people. Hockey not only benefits children's physical health but plays a role in developing confidence, social skills and emotional wellbeing. By focusing on having fun, having a go support from parents and family is known to have a positive impact on their child's motivation and enjoyment of sport, so come and join in the fun.

### Bring Hockey home

Training in the back yard with a stick and ball is a great way to improve skills. Each week our coaches will discuss a focus for the students to work on. Various drills and techniques can be found on our Facebook page, so actively encourage practising at home. Remember – shin guards & mouth guards at all times.

### Sideline Support

By actively attending all games parents can encourage and celebrate sport with the players. Show your #pumapride, by wearing school colours or purchase a Supporters shirt from the Retail Shop. Cheering & clapping is encouraged but leave the technical and tactics to the coaches. Remember to be sun smart, hat & sunscreen!

### HSG meetings

It is important to stay informed and understand what Hockey opportunities are available for your children. Attending HSG meetings can allow parents to know what is happening in the Hockey community and an opportunity to provide feedback and suggestions. Meetings are held on the first Monday of each month, at 6pm in the library. They usually run for an hour, and dial in options are available if needed. They are kept friendly and informal; attendance can be ad hoc with no ongoing commitment required! We encourage every parent to attend at least once a year.

### Monster raffle

Every year the Supporter Groups hold a combined Monster Raffle. Donations of major prizes are still needed. Students will be given raffle books with more available on request. Timely collection and return is much appreciated!

### Parent Team Liaisons

We are seeking a parent liaison for each team. The role requires attendance at each game, sharing photos, game scores, celebrations and updates between parents, coaches & the HSG. Allow 10 minutes each game to send via email or text. No meetings required!

### Sponsorship

Do you have a business or workplace that can help? As a sponsor of St Paul's Hockey, your business can enjoy an opportunity for exposure over the course of the school year. With a number of packages starting from \$250 email [HSGPresident@Spsa.org.au](mailto:HSGPresident@Spsa.org.au) for more information.

### Provide Feedback & Suggestions

If you have any questions or to provide feedback on Hockey at SPS or the HSG please contact either the Head of Hockey or any member of the HSG. We are always looking for new ideas and ways to improve.

***Wishing everyone a safe and happy 2019 TAS Hockey Season!***