



2019 SPORT DEVELOPMENT & COACHING SESSIONS

**Monday 21 January to
Friday 25 January 2019**

These sessions are strongly recommended for all players involved in Trimester 1 sport 2019.

Various professional coaching experts, together with our current coaching staff, will be conducting these Development Sessions for the 2019 sporting season. All students are encouraged to attend if possible.

The timings for the various year groups and sports are as follows:

Swimming @ SPS Pool	Monday 21 – Thursday 24	Years 3-6 Years 7-12	9.00am to 10.00am 3.00pm to 4.00pm
Tennis (Girls) @ SPS Courts	Monday 21 – Wednesday 23	Years 7-12	9.00am to 11.00am
Cricket (Boys)	Wednesday 23 Thursday 24 Mon 21 & Wed 23	Year 4-6 Year 7-9 Opens	3.00pm – 5.00pm 3.00pm - 5.00pm 3.00pm – 5.00pm
Basketball (Girls) @ SPS Walker 1	Thursday 24	Years 7-9 Years 10-12	9.00am to 12.00pm 1.00pm to 4.00pm
Volleyball (Boys) @ SPS Walker 2	Monday 21 Monday 21 Tuesday 22 Tuesday 22	Years 7-9 Years 10-12 Years 7-9 Years 10-12	9.00am to 11.30am 12.30pm – 3.00pm 9.00am – 11.30am 12.30pm – 3.00pm

Dress code: St Paul's sporting attire (or multi-purpose PE shirt), appropriate sports shoes, water bottle, sun cream and towel.

