

Lorren Arezio Clinical Psychologist

Assisting children, caregivers and families who have experienced disruption, trauma and family stress and helping them to thrive.

Workshop: Dealing with parenting challenges - tips to make it easier!

Ever found yourself wishing for easier children?

Wondering why your kids don't seem to listen to you?

Then this workshop is for you!

This 2 hour workshop will explore some of the every day challenges in parenting and provide some tips and practical suggestions for making things just a little easier.

Costs: \$40.00

When: September 11th, 9 - 11am

Where: Pathways to Expression 3261

3/2019 Gympie Rd

Bald Hills

Register: P - 3261 2909

E - admin@pathwaystoexpression.net.au

Lorren has a Masters Degree in Clinical Psychology and has worked with children and families for over 25 years in a variety of settings including community health. For the past 5 years Lorren has also worked in private practice assisting children and adults struggling with a range of issues including stress, family disruption, anxiety, depression, and parenting issues including parenting complex children with a rage of mental health and developmental care needs. Lorren maintains a strong interest in adoption and adoptive families, both in a professional sense but also as a mother of three children, the youngest of whom is an adopted child. This combined experience has enabled Lorren to understand first hand many of the struggles and difficulties experienced by children and families as they transition through various life changes. Lorren brings this knowledge and experience with a desire to support children and families to thrive.