

# ENGAGING ADOLESCENTS™

## ONE-DAY INTENSIVE PARENTING WORKSHOP

Learn practical skills for resolving teenage behaviour problems in modern times  
Build a stronger relationship and renew your sense of confidence by equipping yourself with the skills to hold tough conversations about challenging behaviour with your teen.



### Learn:

- Some common ground shared by parents & reasonable expectations to hold about teenagers
- New understandings of adolescent brain development
- Building relationships with your teenager and making the best of your non-crisis conversations with them
- Skills for tough conversations for handling those problems you just can't ignore
- Real-world tips on managing technology use
- Understanding the impacts of social media and video games

### Suitable for:

Parents of upper primary and secondary school.

### Presented by:

Psychologist Michael Hawton in collaboration with St Paul's School.

Lunch & light refreshments provided.

**Date: Saturday 12th August 2017 | 9:00am - 4:00pm**

Venue: Walker Centre, St. Paul's School, 34 Strathpine Rd, Bald Hills, QLD, 4036

Prices : \$109 one-person | \$189 two-people

**\*\*\*Spaces are limited. Book early.\*\*\***

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