



Options Career Information Bulletin

Edition 10

13/06/2017 to 23/06/2017

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Queensland Curriculum and Assessment Authority	
QCAA resources for Year 12 students	
Study Skills	
Exam stress and top tips to de-stress	
There's no such thing as procrastination	

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Apprenticeships & Traineeships

2018 Australian Government ICT Apprenticeship Program

The Australian Government Information and Communication Technology (ICT) Apprenticeship Program targets students who are currently completing their Year 12 studies. As an apprentice, you will complete an ICT qualification as well as work within an Australian Government agency in ICT related areas such as:

- infrastructure support
- networking
- programming
- applications development
- web development
- systems testing
- systems analysis and design
- systems management
- project management
- service desk

Applications for the 2018 Program will open on Monday 26 June 2017. Visit the <u>website</u> (click on Australian Government ICT Apprenticeship Program) for more information. This website has information about cadetships in ICT that students can apply for after they have completed one year of an undergraduate degree in ICT.

TAFE Queensland SkillsTech Year 10 Trade Taster Program 2017

Are you considering an apprenticeship in the Building and Construction Industry? SkillsTech is offering a Year 10 Trade Taster Program in Term three. The program requires students to attend one day a week at Acacia Ridge, Bracken Ridge or Alexandra Hills Training Centres. The program includes a construction Safety White Card course, training in occupational health and safety and three different trade areas. Click on the following to see the trade areas available.

- <u>Acacia Ridge Training Centre</u>
- Alexandra Hills Training Centre
- Bracken Ridge Training Centre

The program provides an opportunity for you to check out jobs you may want to pursue in the future. Applications for the program are open. See your school's VET Coordinator or Guidance Officer/Counsellor if you are interested in attending. They will help you with the application.

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AUSTRALIAN DEFENCE FORCE

Australian Defence Force information sessions

Charleville – Thursday 15 June 2017 at 6 pm - *Defence Careers Information Session* at Charleville RSL, 37 Watson Street, Charleville. Book your spot <u>here</u>.

Cooktown – Thursday 15 June 2017 at 6 pm - *Defence Careers Information Session* at Cooktown PCYC, 3 May Street, Cooktown. Book your spot <u>here</u>.

Gold Coast – Tuesday 20 June 2017 at 6 pm - *Defence Careers Information Session* at Defence Force Recruiting Gold Coast, 14 Edgewater Ct, Robina. Book your spot <u>here</u>.

Loganholme – Tuesday 20 June 2017 at 6 pm - *Defence Careers Information Session* at Fitzy's Loganholme, Bryants Road and Pacific Hwy, Loganholme. Book your spot <u>here</u>.

Gold Coast – Monday 26 June 2017 at 6 pm - *Health Careers Information Session* at Defence Force Recruiting Gold Coast, 14 Edgewater Ct, Robina. Book your spot <u>here</u>.

Cairns – Tuesday 27 June 2017 at 6 pm - *Careers for Indigenous Australians* at Brothers Leagues Club Cairns, 99-105 Anderson Street, Manunda. Book your spot <u>here</u>.

Townsville – Wednesday 28 June 2017 at 6 pm - *Engineering Careers Information Session* at Defence Force Recruiting Townsville, 71 Stanley Street, Townsville. Book your spot <u>here</u>.

Cairns – Thursday 29 June 2017 at 6 pm - *Engineering Careers Information Session* at Defence Force Recruiting Cairns, Level 1, 55 Lake Street, Cairns. Book your spot <u>here</u>.

For details about these events and for information on Army Reserve Information Sessions, visit the <u>Defence</u> <u>Jobs Australia Facebook site</u>.

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School holiday career exploration

An important strategy in career exploration is experiencing the job you are interested in. This can be undertaken in many ways:

- Work observation spending a day or more with someone already in the job at their workplace
- Career interview developing a list of questions and interviewing someone already in a job you are investigating
- Work experience spending some time (a week if possible) in the job
- Investigating courses by visiting institutions and talking to providers about their courses
- Getting a part-time job or volunteering in your job of interest
- Doing a course or workshop that relates to the type of work you want to do.

The school holidays are a perfect time to do some of these activities. If you need help organising an activity, speak to your school Guidance Counsellor/Officer.

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2017 Lord Mayor's Photographic Awards (LMPA)

The Photographic Awards invite photographers to submit original images that represent an expressive, energetic and enthusiastic Brisbane. Entries are now open and will close on Thursday 22 June 2017. Visit the <u>LMPA website</u> for details.

RoboCup Junior Queensland Championship

RoboCup Junior is open to students studying at a primary or secondary level. Participants, usually in a team of two or more, create robots to meet the challenges in Dance, Rescue and Soccer. The 2017 events will run throughout Queensland and culminate at the RoboCup Junior Queensland (RCJQ) State Finals to be held on 12 and 13 August at the University of Queensland. Regional event dates and details of each of the challenges are on the RCJQ <u>website</u>.

UQ High School Economics Competition

Year 11 and 12 Economics students are invited to take part in the University of Queensland Student Economics Competition. Students take the 40 - item multiple choice test at school anytime between 24 - 28 July 2017. The test covers current Economic events and core units of the QCAA Economics Syllabus. There are cash prizes for first, second and third-place. Talk to your Economics teacher about entering this competition. Register on the QETA (Queensland Economic Teachers' Association) <u>website</u> by 19 July 2017.

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Bond University Student for a Semester program

Year 11 and 12 students participating in this program can experience life as a university student as well as get a head start on their university studies before they finish high school. A pass in a Student for a Semester subject may provide credit towards a Bond undergraduate degree. In addition, students who successfully complete two subjects will be eligible for direct admission into most Bond degree programs at the end of their Year 12 studies. Some course restrictions do apply. Applications for the September 2017 semester will open on Friday 30 June 2017. Information for the September semester will be on the <u>Bond website</u> shortly.

CQUniversity (CQUni) news

TAFE Careers Expos - Attend the TAFE Careers Expo in <u>Gladstone</u>, <u>Mackay</u> or <u>Rockhampton</u> on Tuesday, 27 June from 2 – 5 pm. Check out the TAFE courses available at CQUni <u>here</u>.

CQUni at expos – Representatives from CQUni will attend the <u>Tertiary Studies Expo</u> (TSXP) in Brisbane and the <u>Sunshine Coast Daily Careers Expo</u> in Tanawha to provide you with information about their courses and entry pathways.

Day in the Life of a Designer

Ever wondered what it would be like to have a job in the creative industries? Find out at this workshop offered by the Billy Blue College of Design to be held from 9.30 am – 3.30 pm on Saturday 8 July 2017 at the College campus, 90 Bowen Terrace, Fortitude Valley, Brisbane. Register to attend on the <u>website</u>.

Griffith University's Integrity 20

Griffith is offering a limited number of sponsored places for students in Years 11 and 12 to attend Integrity 20'17, free of charge. Integrity 20 gathers top minds from Australia and around the world to examine and discuss some of our greatest global challenges. This event will be held from 8.30 am – 4 pm on 19 and 20 October 2017 at the Queensland Conservatorium Griffith University, South Bank. The Integrity 20 website lists some of the topics to be discussed. See your Guidance Officer/Counsellor about attending this event as registration is through your school.

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Hair and Beauty Winter School

The Brisbane School of Hairdressing and the Brisbane School of Beauty will offer this three-day workshop from 9.30 am - 3.30 pm on 3 - 5 July 2017 (during the school holidays). The Winter School program includes:

- Introduction to Hair Design including long hair styling
- Nail Art and Nail Care
- Basic makeup application with tips and techniques for contouring
- Communication and job presentation
- Personal styling
- On your last day, you will be pampered with a Mini-Makeover.

Access more information and an enrolment form from the <u>website</u>.

Hands on STEM with Real Engineers for Year 11 and 12 Students – A reminder

Year 11 and 12 students are invited to discover what the 'E' in STEM is about. In partnership with the Department of Transport and Main Roads, Engineers Australia (Qld Division) and three Queensland universities – QUT, JCU and CQUniversity, The Engineering Link Group (TELG) will present the following Engineering Link Projects.

- Central Queensland @ CQUniversity, Rockhampton 26 and 27June 2017
- South Queensland @ QUT, Brisbane 6 and 7 July 2017
- North Queensland @ JCU, Townsville 17 and 18 July 2017
- Far North Queensland @ JCU, Cairns 20 and 21 July 2017.

For more information and to register, visit the <u>TELG website</u>.

Notes from the University of Melbourne (UMelb)

Interstate Student and Family Information Day for interstate domestic students – This event will be held on Monday 10 July 2017 from 9 am – 5 pm at the University of Melbourne, Parkville campus. The day will focus on the application process, scholarships, student services, the student experience and accommodation options. Register to attend this event <u>here</u>.

UMelb in Brisbane in July - Staff from the University of Melbourne will be attending the Tertiary Studies Expo (TSXPO) in Brisbane (Saturday 15 and Sunday 16 July 2017) to answer your questions. See the <u>Future</u> <u>Students website</u> for more information.

My Melbourne newsletter – This newsletter provides useful information for students considering studying at the University of Melbourne. Visit the <u>Future Students website</u> (click on 'Contact us') to subscribe to the newsletter.

Pathways to James Cook University (JCU) degree courses

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If you complete Year 12 but don't meet the academic requirements for the JCU degree course you are interested in, there are a number of <u>pathway options</u> available to you. These include:

- **Diploma of Higher Education** This is a one-year course designed to help people gain entry to targeted JCU degrees. You apply for these diplomas through QTAC.
- Tertiary Access Course (TAC) TAC is a tuition free pathway course for mature-age students or school leavers who do not have an OP Score or recognised experience (must be at least 18 years old). It can provide students with formal prerequisites, academic skills, experience with a variety of university subjects, computing and IT skills. You apply directly to JCU for this course.

Queensland School of Film and Television (QSFT) Script Writing Workshop

<u>QSFT</u> invites students to the 'Write It: Introduction to Script Writing Workshop' to be held from 9 am – 1 pm on Saturday 8 July 2017. Click <u>here</u> to register for this workshop. For more information about the workshop, phone (07) 3392 7788 or email <u>marketing@qsft.qld.edu.au</u>.

Queensland University of Technology (QUT) updates

Discover STEM holiday workshops - QUT is offering hands-on holiday workshops in June/July for students in Years 7 - 12. With a range of interesting topics, the workshops give students the opportunity to broaden their STEM knowledge and apply it in an innovative real-world context. Find out more and register <u>here</u>.

Discover Health holiday workshops - QUT is holding a one-day school holiday event on 30 June 2017 for students in Years 10 - 12 to learn about Health at QUT. Students will participate in the Health Fusion Team Challenge Kickstart. This is a collaborative, fun group activity that showcases how numerous health disciplines contribute to patient care. Find out more and register <u>here</u>.

Scholarships help students overcome financial and personal hardships to attenduni - More than 30 students were recently presented with a Tim Fairfax AX Learning Potential Fund Scholarship worth \$5,000 - \$7,500. Check out the full range of scholarships available to support you in your studies on the <u>Scholarships</u> website.

Join QUT libraries or access free online resources - There are many free QUT library resources available to help you with your studies. You can access the same tools used by QUT students to help with organising your assignments, improving your academic writing and research, referencing, preparing for exams and more. Also, if you are a Year 11 or 12 student at a Queensland school, you can join the QUT library and borrow resources to help you at school. Visit the <u>QUT Library Schools' Program website</u> for details.

Elite athletes and sport at QUT - If you are an elite athlete, sportsperson, manager or coach you may be eligible for bonus OPs/entry ranks, support with managing your student life and funding for competitions and travel expenses, as well as scholarships (see the <u>QUT Elite Athletes website</u>). Even if you're not an elite athlete, you can get involved in <u>sport at QUT</u> by joining a premier or recreational sporting team, or making the most of the swimming pools, gyms and sporting stadiums and fields on campus.

Robotronica 2017 – This event will be held on 20 August 2017. This all-day, all-ages free event will include demonstrations, workshops, games and discussions. Bookings for talks and workshops open in late-July. See the <u>Robotronica website</u> for information about previous events. To be the first to hear about Robotronica events and bookings sign up to <u>QUT Precincts eNews</u>.

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Raspberry Pi for beginner's workshop - Raspberry Pi is a little computer (about the size of a credit card). It has become a popular tool for artists due to its affordability and flexibility compared to other computers and media players. At this workshop, you will learn how to use the Raspberry Pi. The workshop will be held from 5 – 7 pm on Tuesday 11 July 2017 at The Block. The cost of the workshop is \$145 (it includes the Beginners Kit valued at \$129. \$129). Visit the <u>website</u> for details and to register.

SAE Qantm Study for a Day

Are you interested in studying Animation, Audio, Graphic Design, Film, or Games? If so, study with SAE Qantm for a day to experience student life at its Brisbane Campus. This is a great way to experiment with the creative media fields. It will be held from 9 am – 4 pm on Saturday 24 June 2017. For more information and to register, visit the <u>SAE Qantm website</u>.

TAFE Queensland Gold Coast webinar

A webinar about the Diploma of Early Childhood Education and Care will be held for prospective students at 7.30 pm on Thursday 22 June 2017. Visit the <u>TAFE website</u> for more information and to register.

The Queensland Course Guide 2017: A catalogue of private college courses

This guide contains information about courses offered by private education and training providers in Queensland. These providers are members of the Australian Council for Private Education and Training (ACPET). ACPET members are required to adhere to a code of ethics and provide quality courses. The courses listed in the Guide span a broad range of study fields including business, computing, health, beauty, fitness, child care, community services, creative industries, trades, horticulture and many more. You can access the Guide from the <u>ACPET website</u>.

University of New England's (UNE) Early Entry Program

UNE 2018 Early Entry Program applications are now open. This program enables Year 12 students to be considered for entry to UNE courses before their final Year 12 results are available. Applicants are selected on the basis of information from their school, rather than an OP. Successful applicants receive an offer directly from UNE in early November. Applications for this program close on Friday 29 September 2017. Visit the Early Entry Program website for details of the application process.

University of Queensland (UQ) updates

2017-18 UQ Young Scholars Programapplications now open - This program provides high achieving Year 11 students with an opportunity to discover, learn and engage with UQ's academic community and like-minded students from across Queensland. For more information and to apply, visit the <u>Young Scholars Program</u> <u>website</u>. Applications close on 11 August 2017.

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UQ Robogals Workshop – This one-day workshop is for girls in Years 7 – 12. It will be held during the school holidays on Thursday 29 June 2017. On the day, students will be able to try hands-on robotics activities and meet some of the current UQ female Engineering and IT students. Visit the <u>website</u> to purchase tickets (\$25) for the workshop.

2017 Economics Schools Day – This event will be held from 10 am – 2 pm on Thursday 13 July 2017 (first week of Term three) at the UQ St Lucia campus. The UQ School of Economics and the Qld Economics Teachers' Association (QETA) will host the event for Year 11 and 12 students interested in studying economics. The day will give students a taste of life as a B Economics student. The cost for the day, which includes lunch, is \$5.50 per student. See your Economics teacher about registering your school on the <u>QETA</u> website. You can also download a brochure from this site.

Robotics holiday workshops – UQ offers holiday workshops for Year 7 – 12 students in Introduction to Robotics (26 June 2017) and Artificial Intelligence (27 June 2017). RoboGals workshops for girls (28 June 2017) are also available. For more information and to register, visit the <u>website</u> and click on 'Robotic holiday workshops for kids'.

Earth and Environment Day - This is a day for Year 10 - 12 students to learn about the relevance of geography, planning, earth sciences and environmental management in today's world, and the careers they can lead to. It will be held from 9.30 am – 2.15 pm on Friday 21 July 2017. More information about the day is available on the <u>UQ School of Earth and Environmental Sciences website</u>. Students interested in attending this event should talk to their Geography teacher, Science teacher or Guidance Officer/Counsellor as registration is through your school.

B Music (Honours) audition applications – An audition is a prerequisite for this course. The due date for submitting a written (by post or email) application for audition is Monday 14 August 2017. Auditions will be held between 16 – 30 September 2017. Visit the <u>Audition website</u> to download the Audition Information Guide and the Audition Application form.

University of Southern Queensland (USQ) events

Head Start Semester Two Orientation – This event will be held from 4.30 – 6 pm on 22 June 2017 at the <u>Toowoomba campus</u>. Please RSVP by 15 June 2017. The Springfield Orientation date will be available shortly.

Registrations are now open for Careers Day for Years 9 and 10 at the Toowoomba campus – This event will be held from 8.15 am – 2.15 pm on Thursday 20 July 2017. Registrations for this event close on 7 July 2017. You can download the 2017 Careers Day Program from the <u>Careers Day website</u>.

University of the Sunshine Coast (USC) snippets

Language Short Courses - If you would like to learn a foreign language, or need to top-up your school language studies, here is your opportunity. USC is offering short courses in seven different languages - Chinese (Mandarin), French, German, Indonesian, Italian, Japanese and Spanish. These courses will be offered in the evenings once a week for eight weeks at the Sippy Downs campus. The Beginners level will commence on 17 July 2017; the Elementary level will start on 18 July 2017 and the Guided Conversation will commence on 19 July2017. Visit the <u>USC website</u> for more information and to register.

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USC at expos – USC representatives will be at the <u>Tertiary Studies Expo</u> (TSXPO) and the <u>Sunshine Coast</u> <u>Daily Careers Expo</u> to answer all your question about USC and its courses.

What's on at ACU (Australian Catholic University)?

University Experience - Places are filling fast for this event for students in Years 10 - 12 which will be held in the school holidays from 9.30 am - 3 pm on Thursday 6 July 2017. If you're considering tertiary study for next year or in the future, University Experience provides the perfect chance to explore your study options by living a day in the life of an ACU student. Visit the <u>ACU University Experience website</u> for more information and to register.

Work Integrated Learning(WIL) – WIL allows students studying at ACU to connect learning with the workplace through placements, professional experiences, clinical education and internships. Find out more on the <u>WIL website</u>.

A reminder – Register for Open Day – <u>ACU Open Day</u> will be held from 9 am – 2 pm on Saturday 22 July 2017. Register to attend to have a chance to win \$5,000 for an ACU study trip to Rome when you enrol at ACU.

School of Psychology Webinar Series – Parents and teachers may be interested in these webinars as they deal with adolescent issues. The next webinar on 19 June 2017 is on Cyberbullying. Visit the <u>ACU website</u> for more information about the series and to register.

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Employment

Enterprise Skills

We are told that these are the skills required for jobs in the future and many current jobs. Enterprise, in the broadest sense, means making an idea happen. Whether it be at work, at school or in the wider community. It's about having the attitudes and skills that will be important to you throughout your life. Enterprise skills include:

- creativity
- problem solving
- taking the initiative
- team working
- risk taking
- resourcefulness
- selling ideas
- business and finance skills
- a 'can do' attitude.

If you have well developed enterprise skills you will be able to come up with new ideas and ways of doing things and judge whether something is worth doing given the risks involved. You will also be able to take advantage of change.

Jobs on the Coast website

The purpose of this website is to help jobseekers on the Sunshine Coast match up with employers wanting workers. You login/Register on the <u>website</u> to set up a free, secure account. You will then be able to create your Job Seeker Profile, 'star' jobs you are interested in and receive job alerts for recommended jobs that fit your preferences.

Labour Market snippets

The 20 best Australian Jobs of 2017 – Indeed, a global jobs site, has released analysis of its search data for Australia, uncovering the best local jobs based on job postings, salary and growth opportunity statistics. The list is dominated by jobs in the healthcare, technology and building and construction sectors. Access the list <u>here</u>.

Don't fear intelligent machines. Work with them - This is a TED Talk. You can access it here.

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The best jobs of 2017 – This article on the <u>Career Cast website</u> reports on the 10 best jobs of 2017, per the US Jobs Rated report. Income, growth outlook, stress and environmental factors were the criteria used to rate the jobs. Given the emphasis on STEM nowadays, it is not surprising that four of the top 10 best jobs of 2017 are built on maths. Read the article for information about these jobs.

Unlocking Your Employability

In today's world of work, employers are looking for much more that a qualification. You need to show a potential employer what you can offer beyond your credentials. The University of Queensland has developed a course to help you do this. It will help you understand what employability is and why it is important.

The course, 'Unlocking Your Employability', is free, although there is a fee if you want to receive a certificate. It consists of seven one-hour modules that you can complete at your own pace. Visit the <u>edX</u> <u>website</u> to read about the course.

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Discover student card discounts in Brisbane

On the Brisbane City Council website, there is a page that lists how you can get discounts using your student card for transport, activities, entertainment, food and things such as haircuts, clothes and glasses. Visit the <u>site</u> to how you can save.

Scholarships for agricultural courses

Marcus Oldham College is a private tertiary institution in Geelong, Victoria. It offers FEE-HELP approved degree courses and diploma courses in agriculture, agribusiness and equine studies. The College is offering scholarships for students commencing their studies in 2018. Visit the <u>College website</u> for more information about the College and its scholarships.

Support for disadvantaged students wishing to study Law at the University of Queensland (UQ)

If you have experienced difficult circumstances during you schooling and wish to study the B Laws (Honours) at UQ, you are invited to apply for:

- TC Beirne School of Law Leadership, Excellence and Diversity (LEAD) Scholarship and/or
- UQ Special Admissions Scheme (SAS) for undergraduate law programs.

The Lead Scholarship provides \$7000 per year for up to five years to help with living and study expenses; a dedicated academic mentor; a support network through non-residential membership of a UQ college and priority access to internships and career planning assistance. Applications for the LEAD Scholarship will open online on the <u>TC Beirne School of Law website</u> from 3 August until 8 September 2017.

SAS is an alternative entry pathway for students who have experienced difficulty during their schooling. To be eligible you must be a recent or current Year 12, obtain the required OP/Rank and identify with one or more of the targeted equity groups. <u>Click here</u> for more information about SAS and the application process.

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Gap Year Program News

Gap year program news

- Camp America applications for 2018 will open on the <u>website</u> on 1 August 2017.
- Lattitude Global Volunteering application deadline for 2018 overseas placement experiences is Friday 16 June 2017. Visit the <u>website</u> for details.
- Southern Cross Cultural Exchange will hold an information evening from 7 9 pm on Tuesday 20
 June 2016 at Ruth Fairfax House, 89-95 Gregory Terrace, Brisbane. See the <u>website</u> for more
 information about this program.
- Letz Live UK Pup Job Program You need to be 18 years of age to participate in this program. Read about it on the Letz Live website.
- Youth for Understanding (YFU) YFU will hold online information sessions from 6 7 pm in June, July and August, September, October and November. Visit the <u>YFU website</u> for more information and to register.
- Student Exchange Australia New Zealand This exchange organisation will hold the following information sessions from 7.30 pm on Thursday 15 June and Tuesday 11 July 2017 at Brisbane Square Library, Community Meeting Room, 266 George Street, Brisbane. Visit the <u>website</u> for more information and to register.
- **Projects Abroad** This organisation offers overseas volunteering programs. It will hold an information session on Monday 17 July 2017, starting at 6.30 pm, at Hotel George Williams, 325 George Street, Brisbane. Visit the <u>website</u> for more information and to register.
- AFS Australia AFS offers an overseas exchange program. It will hold a series of online information sessions in June, July, August and September. Visit the <u>AFS website</u> for more information and to register.

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Aboriginal and Torres Strait Islander university entry schemes

These schemes provide alternative entry pathways for applicants from Aboriginal and Torres Strait Islander backgrounds. Specific information about these schemes can be obtained from the following links.

- <u>Australian Catholic University's Special Entry Scheme</u>
- <u>CQUniversity's Tertiary Entry Program</u>
- <u>Griffith University's Gumurrie Student Support Unit Direct Entry Program</u>
- James Cook University's Pathways for Prospective Aboriginal and Torres Strait Islander Students
- Queensland University of Technology's Oodgeroo Unit Centralised Assessment Selection Program
- Southern Cross University's Alternative Entry Scheme
- <u>The University of Queensland's Alternative Entry Scheme for Aboriginal and Torres Strait Islander</u> <u>People</u>
- <u>University of New England Internal Selection Program</u>
- University of Southern Queensland's Indigenous Higher Education Pathways Program
- <u>University of the Sunshine Coast's Indigenous Direct Entry and Access Scheme</u>

Note that when applying for courses through QTAC, you need to identify as Aboriginal or Torres Strait Islander on the application. You may have to provide the university with a Confirmation of Aboriginality. To obtain this might take time, so organise it early.

Defence Indigenous University Support Program

The purpose of this program is to provide support to Indigenous Australians who are studying an undergraduate degree, or an enabling program that leads to an undergraduate degree, in a field that contributes to Defence capability. Find out more about the program on the <u>Department of Defence</u> <u>website</u>. While it is too soon for Year 12 students to apply for this program, it is important that interested students are aware of it.

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Aged care nursing

Interested in working in aged care? The <u>My Health Career website</u> has an article written by a nurse working in aged care. The article provides an insight into this career field. Note that employment prospects for this occupation are very good. See the <u>Job Outlook website</u> for more information about this occupation.

How do you become a Digital Coordinator?

The Foundation for Young Australians (FYA) has a new series where you can find out how the FYA team got to where they are in their career. The first FYA team member profiled is Sam Danby, a Digital Coordinator. Read his story on the <u>FYA website</u>.

How do you build a diplomatic or international development career?

Last year, The Conversation published a speech by Gareth Evans, Chancellor of the Australian National University on this topic. Evens, who has had extensive experience in these jobs, noted that to get a diplomatic or international development job you need skills, experience and luck. The following is a summary of the required skills he mentioned in the speech.

- Good results in a challenging university degree, or combination of degrees (the discipline doesn't really matter). Employers are looking for a strong underlying intellectual capacity and the ability to apply this to new situations.
- It's important to be able to demonstrate an interest and knowledge of international relations. The way you acquire the knowledge is to read (e.g. The Economist, The Conversation).
- At least one foreign language, or a demonstrated aptitude to learn quickly, is a prerequisite for any significant international relations job these days.
- Few skills matter more for a would-be diplomat than the ability to write well and, above all, accurately. Good oral communication and advocacy skills are also extremely helpful in foreign policy related jobs.
- Good social skills.
- The capacity to get things done. To have a good sense of process and the ability to get people working together to deliver outcomes.

Read the full article on <u>The Conversation website</u>.

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What is a Registered Nurse?

Registered nurses (RN) assess, plan, provide and evaluate preventative, curative and rehabilitative care for patients and supervise other nursing staff. They work in a wide variety of settings such as hospitals, aged care and other health care facilities and private medical practices. They need:

- good communication skills,
- the ability to assume responsibility and a leadership roles
- tolerance, patience and tact in dealing with people from a wide range of backgrounds and cultures
- to take the initiative in emergencies
- an ability to work both independently and as part of a team
- the ability to cope with the physical demands and psychological aspects of the job.

To become a RN, you need to complete a three-year Bachelor of Nursing at a university or other accredited institute of higher education. RNs are required to be registered with the <u>Nursing and Midwifery Board of</u> <u>Australia</u>. You can obtain more information about this occupation from the <u>myfuture website</u> (you will need to Log in or Sign up to enter this free site) and the <u>Good Universities Guide website</u> (this site has a list of nursing specialisations).

What is an Enrolled Nurse?

Enrolled Nurses (EN), under the direction and supervision of Registered Nurses, assist with the provision of acute, preventative, curative, rehabilitative and the day-to-day personal nursing care of patients. They work in hospitals, aged-care facilities, the community and other healthcare settings. ENs need to:

- have good communication, problem-solving and team skills
- follow instructions precisely
- be tolerant, patient and tactful with many different types of people.

To become an EN in Australia, the minimum level of study is the Diploma of Nursing (18 months – 2 years), delivered through TAFE or an accredited private Registered Training Organisation. After graduation, ENs apply for registration with the <u>Nursing and Midwifery Board of Australia</u> to practice as an Enrolled nurse. You can obtain more information about this occupation from the <u>myfuture website</u> (you will need to log in or Sign up to enter this free site) and the <u>Good Universities Guide website</u>.

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Jazz Music Institute (JMI) Open Day

JMI will hold its Open Day from 11 am – 2 pm on Saturday 1 July 2017 at the campus located at 1/47 Brookes Street, Bowen Hills, Brisbane. On the day, you will meet the staff and students and hear about the courses to be offered in 2018. You are also invited to attend workshops, jam sessions and a BBQ. To register your interest for this event, either indicate on the Facebook event or send an e-mail to play@jazz.qld.edu.au. Visit the JMI website for information about the courses offered.

<u>Qld School of Film and Television (QSFT) Open Day</u>

You are invited to QSFT's Open Day to be held from 10 am – 12 noon on Saturday 17 June 2017 at <u>QSTF's</u> <u>Annerley campus</u>. This is the perfect opportunity for you to gain knowledge about the creative industry and career path opportunities. You will hear from industry professionals, along with personal stories from current and alumni students. Register to attend <u>here</u>. For more information about this event, phone (07) 3392 7788 or email <u>marketing@qsft.qld.edu.au</u>.

Shillington College Info Session

Shillington College offers accredited courses in Graphic Design. It will hold an <u>Info Session</u> starting at 6 pm sharp on Wednesday 5 July 2017 (during the school holidays) at its Brisbane campus on Level 7, 157 Ann Street. You will meet teachers, chat to graduates and view student work. You will also be walked through a classroom brief and hear graduate success stories. Visit the <u>Shillington website</u> for more information about the College.

Sunshine Coast Daily Careers Expo

This expo will be held from 10 am – 2 pm and 3.30 - 6.30 pm on Tuesday 18 July 2017 at the Calvary Centre, Tanawha. At this event, you can gather information and ask questions about training, tertiary studies, apprenticeships, scholarships and career options. You can participate in 'hands on' and interactive activities. Visit the <u>website</u> to find out about exhibitors, seminars, and the competition. All visitors who place an entry in the prize barrel at the event have the chance to win a \$500 JB HI-FI Voucher (download the entry form from the 'Competition' section of the website). You can also download a worksheet (click on 'Visitor Information') to help you organise your visit to the expo.

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Tertiary Studies Expo (TSXPO) Brisbane - 1st weekend in Term three

This is an important event for students in South-East Queensland. It is an opportunity to talk to representatives from Queensland and interstate universities, TAFE Queensland, private colleges, the Defence Force, the Queensland Police Service, Gap Year programs and other education and training organisations about their courses and career pathways. The expo will be held from 10 am – 4 pm on Saturday 15 and Sunday 16 July 2017 at the Royal International Convention Centre, RNA Showgrounds, Brisbane. The <u>website</u> provides information about the exhibitors, the seminar program and competitions. Year 10, 11 and 12 students with a passion for social media can register to be a 2017 TSXPO Student Ambassador and help promote the expo. Students Ambassadors will have a chance to win a \$100 Myer voucher or a \$50 Event Cinemas Voucher. Click on 'Competitions' on the homepage for more information about this and other competitions.

USC Fraser Coast Open Day

The University of the Sunshine Coast (USC) will hold this event from 10 am -1 pm on Saturday 8 July 2017 (the last weekend of the school holidays) at its Fraser Coast campus. It will provide you with an opportunity to check out the campus and to find out the study options available. Visit the <u>website</u> for details.

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Overseas Studies

SAT resources on the USA College Board website

The <u>College Board website</u> is important for students wishing to apply for tertiary courses in the United States of America (USA) as this is where you register to sit for the SAT, a test required for entry to many USA universities and colleges. The following information is available on the website. The <u>Twitter</u> page is also useful.

- <u>SAT Test Dates and Deadlines</u> Scroll down to 2017-18 'International Dates and Deadlines'. Note that the next Queensland test will be held on 8 October 2017. You can register from this site or from the College Board website home page. To register, you need to first sign into a free College Board account.
- <u>Find Test Centres</u> Select the '8 October 2017' date and 'Australia' to find centres in Queensland.
- <u>Sat Test Day checklist</u>

Study at the Swiss Hotel Management School in Switzerland

Ever thought of studying hospitality management in Switzerland? If so, check out the options here.

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QTAC & Tertiary Entry

Applying for courses through UAC in NSW

You apply to the Universities Admissions Centre (UAC) for most courses at NSW tertiary institutions. You apply online on the <u>UAC website</u>. Note that the information for entry in 2018 is not yet on this website. Some important points about the 2017/18 UAC application are:

- Applications open on 2 August 2017
- The on-time application due date is 29 September 2017
- Applicants can list five course preferences on the application
- UAC has indicated that if QLD students have results available in time they may receive an offer before Christmas. Consequently, it is important that you are aware of the UAC offer round dates.
- There will be no major offer round. All preferences will be considered in all offer rounds.

Some newsagents in Queensland are already selling the UAC Guide 2017-18.

QTAC Updates

Tertiary Prerequisites 2020 available on the QTAC website - Each year QTAC sends these booklets to all Year 10 students in Queensland. The booklets list the prerequisites required for entry to tertiary courses in the year the students commence their tertiary studies. The *Tertiary Prerequisites 2020* (for 2017 Year 10s) will be distributed to schools mid-June. If you are super keen to read the booklet before you receive it at school, you can access it now on the QTAC website.

More information for the personal statement required for teaching courses – The <u>QTAC website</u> now includes details about the categories to be included in the 1000-word personal statement required for entry to teaching course in 2018. The site includes information about how to submit the statement to QTAC.

Queensland ATAR - From 2020, the Australian Tertiary Admission Rank (ATAR) will replace the Overall Position (OP) as the standard pathway to tertiary study for Queensland Year 12s. New information about the Queensland ATAR is on the <u>QTAC website</u>.

<u>Term three – an important time for Year 12 students</u>

Term three is a very important and busy time of the year for Year 12 students. If you haven't already decided what you are going to do in 2018, this is the time to access information about the options available. The following is a selection of events and activities that will be held in term three to assist you with your decision-making.

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QTAC Guide – If you haven't received this book yet, you will receive it shortly. It is produced by QTAC and contains information about the application process and the courses you can apply for. Don't lose this book. You may need it after you leave school on 17 November to change course preferences on your QTAC application when Year 12 results are released and during QTAC offer rounds.

Tertiary Studies Expo (TSXPO) – It will be held from 10 am – 4 pm on Saturday 15 and Sunday 16 July 2017 (the first weekend in Term three) at Royal ICC, RNA Showgrounds, Brisbane. See the <u>website</u> for information about participating institutions, seminar presentation details and competitions.

Regional career expos – Expos on the Sunshine Coast and in Townsville will occur in July and August. They provide a great opportunity to explore employment opportunities and further education and training options. See dates on the <u>QTAC website</u>.

Institution open days - Most of the university open days occur in Term three. Open days provide an opportunity to learn more about the institutions and courses in which you are interested. Make the most of open days by developing a list of questions to ask at the event. See open day dates on the <u>QTAC website</u>.

QTAC applications open - QTAC applications for Semester one 2018 courses open on 3 August 2017. The application is online and costs \$42. The on time due date to apply (and the final date to apply for some courses) is 29 September 2017. Information about the application and offer processes will be in the *QTAC Guide* and on the <u>QTAC website</u>.

Scholarships - Most university scholarship applications open in Term three and close in October, November or December. An exception is Bond University, which has its scholarship closing date on 31 July 2017. Every university has a section on its website about scholarships. Find out the application process and due date early to avoid missing out on a scholarship. If in doubt about your chances, apply anyway.

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Queensland Curriculum and Assessment Authority

QCAA resources for Year 12 students

Want to know how to access your Learning Account and what's in it, or how OPs and FPs are calculated? The Queensland Curriculum and Assessment Authority (QCAA) produces several resources to help Year 12 students understand these important topics. The resources include:

Student Connect website – This <u>site</u> is where you can access your Learning Account. If you log into your account at least once before 31 August 2017 you will go into a draw to win an Apple MacBook Air. The site also has information on further education and training, jobs and careers.

Student Connect magazine – You would have received this recently. You will get another one at the end of the year along with your final results. The magazine has lots of information about your senior studies, OPs, tertiary entrance, key dates, apprenticeships, case studies and more. If you have lost your copy, it can be downloaded from the <u>QCAA website</u>.

The following are useful resources about OPs and FPs that can be accessed from the QCAA website:

- **OP Fast Facts** This brochure can answer all those worrisome questions you have about OPs e.g. If I do badly on the QCS Test will this affect my OP?
- **Calculating OPs**: The basic principles This booklet will give you a general understanding of how OPs are calculated.
- **Procedures for calculating OPs and FPs** This booklet is for those who want to know the technical ins and outs of calculating OPs.
- **Guideline for determining OPs and FPs** This publication is for those who want to know the nitty gritty of OP and FP calculations.

The following Power Point presentations can be accessed from the <u>QCAA website</u> (scroll down to the bottom of this page):

- Student learning account
- Your Senior Education Profile
- Your QCE.

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Exam stress and top tips to de-stress

The following tips are adapted from the University of Queensland's Health Hub.

With exam time upon us, we can no longer avoid the worry of looming deadlines and challenging expectations (our own and other's). Everybody deals with stress differently so it is important to recognise your own signs and take control before they control you. The following behaviours can be signs of stress.

- Irregular sleep patterns
- Short temper and irritability
- That gut feeling (butterflies)
- Finding it difficult to relax or unwind
- Overreacting to situations
- Comfort food snacking or loss of appetite

If you are experiencing one, many, or all of these signs, you need to do something about it to help you handle the demands you face. The following tips could help.

Set the tone for your day - Take a few moments at the start of your day to set some good intentions and to collect your thoughts. It may sound like a no-brainer but it will give you a moment to pause before jumping into your busy day.

Create a schedule – Make a schedule or timetable for your day. For example, 8 – 8: 30 am could be for wake-up routine (shower, breakfast, etc.); 8:30 - 9:30 am could be for study; 9:30 - 9:45 am could be for a short walk or break. Creating a schedule and allocating periods to study will help increase the chances of using your time effectively.

Divide your day up – Divvy your day into manageable study blocks (try 40 - 50 minute blocks to begin with and slowly build) and stick to them. Set yourself goals on what you want to complete in that time, then have a break well away from your desk.

Take a break (maybe even eat a Kit Kat!) – Sitting down to study 24/7 in the lead up to exams will wreck you long before D-day. It may be chilly outside but there are huge benefits to getting a breath of fresh air to break up your study time. It will do wonders for your motivation and creativity.

Turn your phone off in study period – Mobile phones are an unhelpful distraction, so during your allocated study time, turn it off so you can focus on your work. The distraction of the phone can cause further stress.

Eat for your brain – Eat nutritious, little and often to avoid food comas. Go for quality food like vegetables, fruit, nuts and wholemeal bread to stimulate your brain and set yourself up for success.

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Use your nerves, don't let them use you – It may not feel like it at the time, however positive nerves can be a good thing. They help you to work and think faster while being more effective with your time and overall performance.

Shake it off – Sometimes when you feel like your head is about to explode all you need to do is let off some steam. Do whatever will make you feel at ease, whether that's a workout at the gym, making a nutritious meal, listening to some music, sitting in the sun. Whatever it takes, give yourself the time to shake the negativity and get back on task.

Warn your loved ones – Let your family and friends know what is going on as we often take our stress out on those that are the closest to us. This is the time when you need to be surrounded by support, not thinking about trivial disagreements.

Prioritise your study – It may sometimes feel that everyone wants a piece of your time (school, work, coach, friends, family) but where you can, try to explain your situation so you can put your study first and make plans for your other commitments after exams are over.

There's no such thing as procrastination

According to Dr Eric Thomas, there is no such thing as procrastination. He says that if you are putting off doing something (e.g. preparing for an exam, doing an assignment), it is because it isn't a priority for you. Therefore, you must find out how to make it meaningful enough for it to become a priority. Eric is known as ET 'the Hip Hop Preacher'. He is an author, motivational speaker, educator and pastor. Listen to ET's short Facebook video on why there is no such thing as procrastination.

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