

> Seminar dates and locations

What	When	Where
Level 2 Seminar 1 (0-12 yrs) Power of Positive Parenting	Tuesday 21 February 2017 9:00 - 10:30 am	Intercept Unit 1 / 11-13 Bertha Street, Caboolture
Level 2 Seminar 2 (0-12 yrs) Raising Confident, Competent Children	Wednesday 12 April 2017 9:00 - 10:30 am	Intercept Unit 1 / 11-13 Bertha Street, Caboolture
Level 2 Seminar 3 (0-12 yrs) Raising Resilient Children	Wednesday 14 June 2017 9:00 - 10:30 am	Intercept Unit 1 / 11-13 Bertha Street Caboolture



Parents, stay positive!



Triple P – Positive Parenting Program
Seminar

positive parenting in a nutshell



Find out more:
www.triplep-parenting.net



Funded by

Queensland
Government

The story of Anthony and Emily was created to show typical outcomes for Triple P families.
© 2015 Triple P International Pty Ltd | Design: Triple P Communications



Triple P takes the guesswork out of parenting

A Triple P seminar is a great way to find out the basics of positive parenting. It is packed with simple strategies to help make raising kids easier.

Is this you?

Parenting is usually lots of fun. But every parent has times when things can get a little tricky. Like when your toddler won't eat her dinner. Or your five year old won't pick up his toys. Maybe your children don't seem to listen to what you say. If only someone could give you some ideas to make those times easier!

What is the Triple P Seminar Series?

Seminars are relaxed presentations that tackle some of the most common family issues. You can do one, two or all three in the series.

The seminars last 90 minutes each and are called:

- The Power of Positive Parenting
- Raising Competent, Confident Children
- Raising Resilient Children

At the end of each seminar you will take home a tip sheet. It will remind you of all the great ideas you heard.

Triple P can help you

- Encourage behaviour you like
- Deal with your child's problem behaviour
- Feel confident as a parent
- Be realistic about parenting
- Take care of yourself

Find out more:

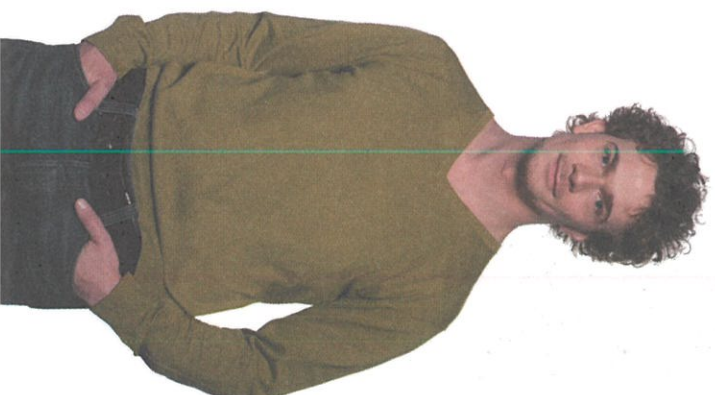
www.triplep-parenting.net

Will Triple P work for me?

Triple P is one of the few parenting programs in the world with evidence to show it works. More than 200 research trials and studies show Triple P can help families in all types of situations. It's already helped millions of children and their families in more than 20 countries.

How can I get Triple P?

The Queensland Government is committed to supporting Queensland families by enabling free access to Triple P programs. Go to www.triplep-parenting.net to find providers who are offering Triple P free of charge.



> Anthony says:

"Emily would get upset over little things. She would cry if we chose the wrong dress for her. She would cry if I didn't answer her right away. She would cry if she couldn't reach her toothbrush. But Triple P gave me some ideas to help her cope when she got frustrated. Now we are both much calmer."