



2017 SPORT DEVELOPMENT & COACHING SESSIONS

MONDAY 16TH JANUARY TO FRIDAY 21ST JANUARY 2017

These sessions are strongly recommended for all Players involved in Trimester 1 sport 2017.

Various professional coaching experts, together with our current coaching staff, will be conducting these Development Sessions for the 2017 sporting season. All students are encouraged to attend if possible as it will be extremely beneficial, however there will also be other opportunities to trial at the beginning of the term in 2017.

The timing for the various year groups and sports is as follows:

Swimming @ SPS Pool	Monday 16 th – Fri 21 st	Years 3-6	9.00 am to 10.00am
		Years 7-12	8.00am to 9.00am
Tennis (Girls) @ SPS Courts	Monday 16 th – Wed 18 th	Years 7-12	9.00am to 11.00am
Cricket (Boys)	Tuesday 17 th	1 st XI	3.00pm – 5.00pm
	Tuesday 17 th	Year 4-6	3.00pm – 5.00pm
	Wednesday 18 th	Year 7 - 9	2.00pm - 5.00pm
	Thursday 19 th	2 nd XI and 3 rd XI	7.00pm – 8.30pm
	Thursday 19 th	Year 7-9	3.00pm – 5.00pm
	Friday 21 st	1 st XI	3.00pm – 5.00pm
Basketball (Girls) @ SPS PEC	Monday 16 th	Years 7-9	9.00pm to 12.00pm
		Years 10-12	1.00pm to 4.00pm
Volleyball (Boys) @ SPS PEPAC	Wednesday 18 th	Years 7-9	9.00am to 11.30am
	Wednesday 18 th	Years 10-12	12.30pm – 3pm
	Thursday 19 th	Years 7-12	1pm – 3.30pm
	Friday 20 th	Years 7-9	9am – 11.30am
	Friday 20 th	Years 10-12	12.30pm – 3pm

(Dress Code: St Paul's sporting attire (or Multi Purpose PE Shirt), appropriate sports shoes, water bottle, sun cream and towel)