



St Paul's School

2017 SPORT DEVELOPMENT & COACHING SESSIONS

MONDAY 16 JANUARY TO FRIDAY 21 JANUARY 2017

These sessions are strongly recommended for all players involved in Term 1 Sport 2017.

Various professional coaching experts, together with our current coaching staff, will be conducting these Development Sessions for the 2017 sporting season. All students are encouraged to attend if possible as it will be extremely beneficial, however there will also be other opportunities to trial at the beginning of the term in 2017.

The timing for the various year groups and sports is as follows:

Sport	Location	Date	Year Level	Time
Swimming	SPS Pool	Mon 16 Jan – Fri 21 Jan	Years 3-6	9.00am to 10.00am
			Years 7-12	8.00am to 9.00am
Tennis (Girls)	SPS Courts	Mon 16 Jan – Wed 18 Jan	Years 7-12	9.00am to 11.00am
Cricket (Boys)	SPS	Tues 17 Jan	1 st XI	3.00pm to 5.00pm
			Years 4-6	3.00pm to 5.00pm
		Wed 18 Jan	Years 7-9	2.00pm to 5.00pm
		Thurs 19 Jan	2 nd XI and 3 rd XI	7.00pm to 8.30pm
			Years 7-9	3.00pm to 5.00pm
	Fri 21 Jan	1 st XI	3.00pm to 5.00pm	
Basketball (Girls)	SPS PEC	Mon 16 Jan	Years 7-9	9.00pm to 12.00pm
			Years 10-12	1.00pm to 4.00pm
Volleyball (Boys)	SPS Walker Centre	Wed 18 Jan	Years 7-9	9.00am to 11.30am
			Years 10-12	12.30pm to 3.00pm
		Thurs 19 Jan	Years 7-12	1pm to 3.30pm
		Fri 20 Jan	Years 7-9	9.00am to 11.30am
		Years 10-12	12.30pm to 3pm	

Dress Code: St Paul's sporting attire (or Multi Purpose PE Shirt), appropriate sports shoes, water bottle, sun cream and a towel.